Social History

Name: _____ **Chart #:** _____ **Today's Date:** _____ **Doctor:** _____

☐ **Introduction**

☐ **Social history was reviewed and was found to be consistent with previous findings.**

Marital Status?   ☐ Single   ☐ Married   ☐ Divorced   ☐ Separated   ☐ Widowed

Number of children   ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10+

Highest level of education

☐ not completed high school	☐ high school graduate	☐ a Master's degree	☐ completed medical school
☐ GED diploma or equivalent	☐ an associate's degree	☐ a PH.D.	☐ completed a doctorate program
☐ completed trade school	☐ a bachelor's degree	☐ completed law school	(other than medical)

Do you eat a well-balanced diet?	**Do you exercise?**	**Types of exercise:**		
☐ never	☐ never	☐ running/jogging	☐ swimming	☐ soccer
☐ rarely	☐ rarely	☐ walking	☐ baseball	☐ tennis
☐ occasionally	☐ occasionally	☐ weightlifting	☐ basketball	☐
☐ usually	☐ usually	☐ yoga/Pilates	☐ football	☐
☐ regularly	☐ regularly	☐ group exercises	☐ golf	☐

Do you drink alcohol?   ☐ never   ☐ occasionally   ☐ frequently (more than 3 days per week)   ☐ daily

Do you use tobacco products?   ☐ never   ☐ occasionally   ☐ frequently (more than 3 days per week)   ☐ daily

Have you ever used illegal drugs? ☐ Yes ☐ No	**Have you had a substance abuse problem?** ☐ Yes ☐ No		
If yes, which drug(s)?	**If yes, with which substance(s)?**		
	General		**Specific**
☐ acid	☐ alcohol	☐ adderall	☐ marijuana
☐ angel dust	☐ amphetamines	☐ ambien	☐ methodone
☐ cocaine	☐ anti-depressants	☐ beer	☐ naproxen
☐ crack	☐ cannabis	☐ celebrex	☐ paxil
☐ crystal meth	☐ crack/cocaine	☐ celexa	☐ prozac
☐ ecstasy	☐ diet pills	☐ cigarettes	☐ ritalin
☐ heroin	☐ hallucinogens	☐ cigars	☐ skelaxin
☐ LSD	☐ inhalants	☐ cocaine	☐ soma
☐ marijuana	☐ methamphetamine	☐ crack	☐ tramadol
☐ opium	☐ muscle relaxants	☐ crystal meth	☐ ultracet
☐ phencyclidines	☐ nicotine	☐ ecstasy	☐ ultram
☐	☐ opiates	☐ effexor	☐ vicodin
☐	☐ pain medications	☐ flexeril	☐ vicoprofen
☐	☐ phencyclidines	☐ hard liquor	☐ vioxx
☐	☐ sleeping pills	☐ hydrocodone	☐ zanaflex
☐	☐ steriods	☐ ibuprofen	☐ xanax
☐	☐	☐ lorcet	☐ zoloft
☐	☐	☐ lortab	☐

Have you had treatment for substance abuse?   ☐ Yes   ☐ No

Additional Notes/Comments: